GROUP SWIM LESSONS FORM Summer 2023

PARENT NAME(s):_____

ADDRESS:_____   CITY:_____

STATE: _____   ZIP:_____   E:MAIL: _____

CELL PHONE(s): _____   _____

Please fill out a separate form for each child you are enrolling

CHILD'S NAME: _____   Preferred Name: _____

Age:_____   Circle one: Male   Female

Previous Swimming Experiences/ Lessons: _____

Circle the skills your child can perform:

- Blowing bubble through the nose   - submersion   - back floats   - front floats

- flutter kicks   - breaststroke kick (froggy kick)   - dolphin kick   - water entry (jumps)

- treading.   - dives   - freestyle   - backstroke   - breaststroke

- elementary backstroke.   - sidestroke   - butterfly stroke   - flip turns

Do you prefer morning lessons of afternoon lessons? _____

Special Needs/Allergies: _____

COST PER SESSION: $125-member fee per child. This is the non-refundable scheduling fee of $25 plus $100 of the remaining payment fee / $150 non-member fee per child. This is the non-refundable scheduling fee of $25 plus $25 non-member fee and $100 of the remaining payment fee.

Description of group lessons:

Pre-School Aquatics (ages 3-5 years)
Level1: Orientation to aquatic environment, basic water skills, water entry, blowing bubbles, submersion, front & back glide, front & back float, alternating leg & arm actions on front & back. (Survival skills)

Level 2: Gain independence & comfort, bobbing, retrieve submerged objects, floats & glides with vertical recovery, tread water, combined arm & leg action. Gain basic swimming propulsive skills, jump in, breath

holding, change directions while swimming, advanced treading & finning. (Survival skills)

Learn-to-Swim (ages 6 years and up)
Level 1: Gain comfort, water entry, bubbles, submersion, front & back glides and floats, alternating leg & arm action, tread water, roll from front to back & back to front, begin freestyle and backstroke. Gain fundamental skills, bobbing, retrieving submerged objects, recover to vertical.

Level 2: skills in deep water, jump in, headfirst entry, survival float, change positions, flutter, scissor, dolphin, breaststroke kicks, elementary back stroke. Develop confidence, under water swim, surface dives, survival swim, freestyle stroke, backstroke, elementary backstroke, breaststroke, sidestroke, butterfly. Refinement of strokes, shallow-angle dive & swim, tuck and pike surface dives, flip turns, sculling

Please Circle the session(s) below you would like to attend:

Recommended ages 3-5:

Session 1- Preschool level 1 June 5-16 Monday, Thursday, Friday 10:15 A.M.- 11:00 A.M.
Session 2- Preschool level 1 June 19-June 30 Monday, Thursday, Friday 10:15 A.M.- 11:00 A.M.
Session 3- Preschool level 1 July 3-14 Monday, Thursday, Friday 10:15 A.M.- 11:00 A.M.
Session 4- Preschool level 1 July 17-28 Monday, Thursday, Friday 10:15 A.M.- 11:00 A.M.
Session 5- Preschool level 1 June 10-24 July 1- 15 Saturdays 10:15 A.M.-11:00 A.M.

Session 1- Preschool level 2 June 5-16 Monday, Thursday, Friday 6:30 P.M.- 7:15 P.M.
Session 2- Preschool level 2 June 19-June 30 Monday, Thursday, Friday 6:30 P.M.- 7:15 P.M
Session 3- Preschool level 2 July 3-14 Monday, Thursday, Friday 6:30 P.M.- 7:15 P.M.
Session 4- Preschool level 2 July 17-28 Monday, Thursday, Friday 6:30 P.M.- 7:15 P.M.

Recommended ages 6-12:

Session 1- Youth level 1 June 5-16 Monday, Thursday, Friday 11:15 A.M.- 12:00 P.M.
Session 2- Youth level 1 June 19-June 30 Monday, Thursday, Friday 11:15 A.M.- 12:00 P.M.
Session 3- Youth level 1 July 3-14 Monday, Thursday, Friday 11:15 A.M.- 12:00 P.M.
Session 4- Youth level 1 July 17-28 Monday, Thursday, Friday 11:15 A.M.- 12:00 P.M.
Session 5- Youth level 1 June 10-24 July 1- 15 Saturdays 11:15 A.M.-12:00 P.M.

Session 1- Youth level 2 June 5-16 Monday, Thursday, Friday 5:30 P.M.-6:15 P.M.
Session 2- Youth level 2 June 19-June 30 Monday, Thursday, Friday 5:30 P.M.-6:15 P.M.
Session 3- Youth level 2 July 3-14 Monday, Thursday, Friday 5:30 P.M.-6:15 P.M.
Session 4- Youth level 2 July 17-28 Monday, Thursday, Friday 5:30 P.M.-6:15 P.M.

***If the above levels, times & dates don't fit your child's needs, we also offer private lessons for parent & child, pre-school, and youth lessons.

***For Adult lessons we recommend registering for private swim lessons.

- Minimum number of participants is 3 for a class to make. Should a class not make, we recommend registering for private lessons or the next session for the same class

- Maximum number of participants is 6 for all age groups (unless the instructor is comfortable and able to add more participants).

- Proper swim attire is required for any pool use. Children who are not potty-trained must wear little swimmers or plastic pants. No diapers are allowed in the pool. The use of goggles, earplugs, nose clips, swim caps are permitted in swim class. The use of face masks, snorkels, fins, water wings, or any personal flotation device are not allowed in swim class unless specified by the instructor.

- Children 9 years and under must have a parent in the pool deck area.

Payments: All payments should be paid before the first lesson. If you decide it would be better for your child to be registered for private lessons, you may register them at the private lesson price (prices are shown on our private lesson registration form). We will count the first group lesson taken towards one 30 min private lesson out of the four private lessons you register for.

Payment methods: We accept cash, card, or check. However, payments must be taken before the first swim lessons. If you choose cash or check, you may bring it to your first lesson and pay before the lesson begins. If you choose card, which is preferable, we require card payments to be paid online through our swim lesson website before you come for the first lesson. **DO NOT pay for the swim lessons before scheduling with a swim instructor.** Thank you!

Nonrefundable scheduling fee: There is a nonrefundable scheduling fee INCLUDED in your total for lessons purchased, as explained on the prices. This simply ensures that you have a spot saved with our swim instructors after your private lessons have been scheduled or you have joined a scheduled group session.

Make-up policy: All pools will close for thunder and/or lightning for 30 minutes. If there is bad weather or pool related issues and the pool must close, we will do our best to notify you 30 minutes before the start of the lesson. Our swim instructors will discuss make-up swim lessons with you should situations such as these occur. Should you not be able to attend a class in the session due to unforeseeable EMERGENCIES such as hospital visits, injuries, car accidents, etc. your child may attend the same class in the next session for the amount of days missed during the current session.

OAKWOOD DOES NOT OFFER MAKE-UP GROUP LESSONS FOR REASONS OTHER THEN BAD WEATHER, MECHANICAL PROBLEMS, OR EMERGENCIES.

Refunds: If a participant withdraws from a program on or after the start of the program, they are not entitled to receive a credit or refund unless they provide a doctor's verification of a medical condition that would prohibit participation in the program. No refund will be issued for missed lessons due to bad weather. If the weather does not allow for make-up days during the scheduled session, your child may attend the same class in the next session for the amount of days missed during your current session. Since we require a nonrefundable scheduling fee, if a refund is in order under circumstances permitted by policy, we will be able to provide a

refund. HOWEVER, we will only be able to refund the payment that does not include the nonrefundable scheduling fee.

Payment Method: Credit/Debit Cards will have a 3% administration fee added. Payment will be collected before the first day of Swim Lessons. Please make checks out to Oakwood Swim and Racquet Club.

Address: 5260 Perin Road Mobile, AL 36693

Mailing Address: PO Box 9303 Mobile, AL 36691

Contact us at (251) 666-4471 or Oakwoodmobilemembership@gmail.com